



PSYCHIC RESEARCH NEWSLETTER

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A PREVIEW OF EGYPT

by Marcel Vogel

In 1988 I had the opportunity of visiting Egypt and fulfilling a life-long dream of being in places I had read about, visualized, and thought about many times throughout my life. The effects on me were profound and to this day some of the experiences are still coming into an active state of my consciousness.

When I visited various spots, I left small crystals of quartz as mementos of my stay there, to give me the opportunity of going back and recreating the experiences that were had when in body.

On February the 25th of this year, I will leave with my wife and our own group for Egypt. The experiences we undergo will be discussed when we return from our trip in my next article EGYPT: THE RETURN HOME.

As we have discussed in detail in earlier Newsletters, records are written in stone, and we will try, as a group, to retrieve some of these records and translate them into a form that we can utilize at this time for this generation.

The purpose of this trip is to complete the process I started on my last visit, the connecting with sources of information that are still present in various locals of Egypt. In Abydos and the Sakkara pyramid I had some very powerful experiences and so did a number of people who were present in that original group. One such person is a wonderful individual who is spearheading this trip, Melissa Applegate.

One of the high points was the experience in the temple structures in Abydos where I tuned into the hieroglyphic writing on the wall and in so doing, the room filled with the odor of frankincense.

Flashes of light started to radiate from the wall into the room. As this took place, information was transferred into my mind directly as to how these chambers were used in turning people into light bodies. This means to create the capacity in a human form of emitting their own light to overcome the darkness. I feel the Egyptians were taught this and particular forms of exercise to facilitate the informa-

(continued on page 2)

(continued from page 1)

tion transfer process in this location.

It then came to me in a flash what the whole purpose behind the Pharaoh system was and the absorption with the preservation of the body after life leaves the physical body.

I would like at this time to give you a quote from my notebook regarding some of my experiences.

"I am getting a very good teaching on exposure to a source of information that I really have no real background on. The truth is not IN THE STONES OR THE STATUES; these are only a reflection of our selves. THE GODS DEPICTED ON THE WALLS AND TEMPLES ARE WITHIN US. And if we look carefully we will see each of their attributes symbolized in us.

I have never been pushed so hard on a physical level: heat, lack of sleep, muscle ache. But the body held together, the mind is cleared and the spirit soared.

The meditation at Abydos was very profound. This was a place of true magic. What the ancients practised was levitation, space travel, space communication, suspended animation, herbology and aromatherapy (perfumes used for opening the centers of the body).

There are seven chapels, one

devoted to each of the seven centers in the body. It is believed an individual would be naked, to be healed by herbs and oils placed on his body. After the oils had been rubbed on a particular spot, a luminescence would appear in that area indicating that the energy had been generated and he would proceed from room to room as more of his body became a mass of light.

He then went into the inner temple where others were assembled and formed a set of geometric patterns with their light bodies. This is why there was no illumination in the temples; the people were the source of illumination.

As we manifest our vehicle, the light increases until it burns through the veil of darkness within us.

Our space bretheren could then communicate with them since their bodies were sufficiently purified in the light. The inner chambers that have no doors were for these people."

This is the purpose of our trip, to bring out the good and the bad - to resurrect the sleeping giants so they can again be experienced and slain. This information was given to me in Abydos. I wish to follow through, complete the message and share this in an honest, practical

(continued on page 3)

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(continued from page 2)



Marcel Vogel with Melissa Applegate standing in front of the Sphinx and pyramid of Cheops in Egypt.

manner with you, my readers, of what was known in the past about these powers.

Many areas of the temples and pyramids are still exceedingly active and one of the most powerful that we encountered last year, was the Bent Pyramid of Sakkara. The exterior of the pyramid is badly damaged but the interior is in perfect shape. The interior chamber is 7-tiered and in the very center of the pyramid

structure, below ground, I used a double-terminated 13-sided quartz crystal. I tuned in to the crystal and it began to light up. When this happened, it brought me into an altered state of consciousness and I saw flickering light bodies at various corners of the chamber. These bodies were luminous. They were not humanoid. They had elongated necks and flat shaped heads. I had a communication with them which I shared with the group. This was the start of last year's journey in Egypt.

This year I will be using 7-, 8- and 13-sided quartz crystals and a special KDP crystal that was specially made. Quartz micro-pyramids cut by Maynard McGuinn will be available for each person in the group to bring home charged with energy from the pyramids they were modeled after.

It is believed that in early times a space culture from another planetary system inbred with those who lived in Egypt and gave to them the capacity to build the monuments that we now see and enjoy.

The massive stones were levitated into place by sound. They were not lifted by weight, but by using a tonal pattern that nullified the gravitational pull of that object and massive, multi-ton stones could be handled by only a few people. Levitation was one of the key elements responsible for constructing the majority of these large structures made with stone.

The second was the finding of a method of finishing the stone that did not require the grinding

(continued on page 4)

(continued from page 3)

and cutting that we do today. This was accomplished by dissolving the stone with a solution derived from a plant which grew along the Nile. This plant again, made in solution, mixed in a mud with water, with sound applied, would smooth down a surface in a matter of minutes.

The third element I saw was teleportation. People could move themselves rapidly from one place to another by holding a special stone in their hand and by intoning a tone and directing their will, they could suddenly be in another location. This detail is not yet clear in my mind.

The primary sound that I have found that works in opening information contained in stones is the "OM." I have found this to be the most powerful when chanted at various levels of tone and we will do this together and individually. I am taking a tape recorder of some shamanistic drums to see what will happen with this sound as well.

Lectures will be given to all those attending this year to prepare them involving breathing exercises and to teach them how to go "into" the various crystals we will be using. We will then be moving back in time to experience how these structures were erected and put together.

Instruction will be given to show how to release the information stored in stones and I hope each person's experience will be unique for him or her. We will try to put it all together in a concise, written form when we return.

(continued on page 9)

EXPERIMENT #78

PREPARATION FOR A SPIRITUAL JOURNEY

Although packing and itinerary planning remain the first steps for most travelers, there are many ways to prepare so that you can turn an ordinary trip into a spiritual journey.

As an experiment, we would like you to try some of the following suggestions before you travel to a place you have already visited several times. In this way, you can see how a change of focus and a different attitude can put you at a different level of experiencing the once familiar environment.

Before you depart on your journey, it is necessary to clean house, both literally and figuratively. Be sure that what you have left in your home is something that will attract you back, both emotionally and spiritually. Meditate, or do yoga, Tai Chi or other disciplines before you leave, opening up your chakras (energy centers of the body), so that you create an open channel of communication with your Higher Self.

Tune in to your home, sending light and love to any objects or areas that you feel need clearing.

Next, in meditation or contemplation, look at your place of destination. If you find any locations that look "off,"

(continued on page 9)

RECOMMENDED READING

FULLY HUMAN, FULLY ALIVE, A New Life Through A New Vision, by John Powell, S.J. Argus Communications, a division of DLM, Inc. Niles, Ill. 60648, 1976.

This book is a change of pace, but is consistant with what I have been saying to you up to now. I quote "The glory of God is a human being who is fully alive," from St. Irenaeus of the second century. This book deals with the author's attempt at helping each one of us become more fully alive.

I quote from Eric Fromm: "Life has an inner dynamism of its own; it tends to grow, to be expressed, to be lived. It seems that if this tendency is thwarted the energy directed towards life undergoes a process of decomposition and changes into energies directed towards destruction..... The more the drive towards life is thwarted, the stronger is the drive towards destruction; the more life is realized, the less is the strength of destructiveness. Destructiveness is the outcome of un-lived life." This book is simply written, with messages that are solid. It is a joy to pick up, scan for a moment and reflect on the words of the author. Are you leading your life and living your life to its fullest?

THE AMINO REVOLUTION, Dr. Robert Erdmann and Meirion Jones, Century Hutchinson Ltd., Brookmount House, London, 1987

I have known Dr. Erdman since we worked together at IBM and have respected him for his enthusiasm and willingness to work

in many unconventional areas of endeavor. This book gives some practical, vital information on the intrinsic value and benefits of amino acids. It is good to get a broad spectrum of information. One chapter, #18, is very interesting: "Kick Cigarettes With Amino Acids." In other words, you can reduce, with careful choice of amino acids, a degree of craving that smoking causes. But, in turn, one must stop smoking. The book also covers how one can help oneself against alcoholism using aminos. (Alcoholism is the fourth largest illness in the world and it shortens the average life span by 11 years).

What I like most about the book is the appendix which lists safety precautions in using amino acids and the care one must exercise with them. This book will benefit you if you read it with care.

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You may wish to consider reading the bi-monthly Journal of Borderland Research which examines scientifically the visible and non-visible parameters of body, mind and spirit. Some of the topics covered in the January-February, 1990 issue were "Silica In Agriculture: Report On The 51st Bio-Dynamic Conference," and "Vortexian Mechanics And Implosion Workshop," of November 1989.  
A related, interesting upcoming event is the 1st International Borderland Sciences Congress, with over 20 presenters, happening in Santa Barbara, CA. For information call 707-986-7211  
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CRYSTAL ENERGY WORK IN GERMANY

by Ron Carson



Ron Carson (Rumi Da), is a certified Vogel healing instructor, a spiritual counselor and a guide whose work is to awaken the potential of those who tread the path of the Soul and seek to be of service in this process. As a participant and initiate of various schools of healing and meditation, Ron offers a unique synthesis of East and West in his group and individual service.

In response to Marcel's request, Ron travels extensively throughout the United States, Canada and Europe offering teaching to those interested in this form of service. He is the author of *LIFESTREAM CRYSTAL ENERGYWORK: AN INTRODUCTION*, and the director of Lifestream Associates in Winter Springs, Florida. He can be reached at 407-699-1672.

During the spring and autumn of 1989, I was asked to travel to West Germany and offer teaching on healing and meditation, and specifically the use of quartz crystals as tools for transformation. These first two tours were arranged by Peter Schnell of Munich and proved to be very exciting for all involved. We made many new friends and met several people who had been greatly inspired by Marcel during his travels through Germany a few years prior.

Many were very impressed by Marcel's research involving the finishing of wines which we demonstrated so that all could not only see the process in action but actually taste the remarkable results! To bring the ideas and concepts which were presented in discussion into action and demonstrate concrete results was truly an amazing experience for many.

The main interest for most, however, was in learning practical ways to use the crystals so that friends could be of service to each other. This was especially true in Dusseldorf where there is a core group of dedicated individuals working together in the spirit of group consciousness. (This group spirit is often presented by the Tibetan Master Djwal Khul, particularly in his offering on *THE RAYS AND THE INITIATIONS* in the books by Alice Bailey).

The events in Europe and the Soviet Union over the past several months are a manifestation of the arising of group consciousness that is occurring. The collapse of the Berlin Wall is, in

(continued on page 7)

(continued from page 6)

one sense, a metaphor for the need and of the possibility for the walls that separate us from each other and from ourselves to dissolve. Indeed, the purpose of our work (and play!), is to lovingly evoke or release the Light within each being so that the energies of the soul can flow freely and bring about whatever healing is necessary and appropriate at any particular time. As this happens on an individual basis it happens also to some extent at a group level.

The intention behind all of the individual work is to assist in preparing each other for the process of group initiation. Initiation is often referred to as a forced expansion of consciousness. On an individual level, each Soul can pass through such a process. Truly, initiation is the work of the Soul and, more than this, it is the work of Spirit or Monadic consciousness. It is beyond the realm of the three-fold personality although one may experience the effects of this process in the physical, emotional or mental bodies.

When a group comes together, a "group soul" manifests and may pass through the same process of expansion. Although the individuals who are part of such a group are likely to consciously know each other and work together on the physical plane, it is not necessarily always the case. It is the ability of the members of such a group to work together, cohere their energies into a unified whole, allowing the possibility of the accelerated growth that is initiation. I see

this activity emerging quite profoundly in the nineties, as many of us have dedicated much energy already to "working on ourselves" and are preparing to finally extend beyond ourselves. Hopefully, the focus of the "me generation" will truly blossom into the "we generation" not only in thought, which is the first necessary step, but in deed, also.

These dynamics are being demonstrated in a very dramatic way throughout Europe at this time. In our work with the crystals, we assist individuals in becoming one with their Soul and then, in turn, developing a resonance with the group energies. During this process there is frequently a releasing of old, unnecessary patterns that inhibit Soul life, thereby allowing a greater experience of freedom. Sometimes this manifests as physical, emotional or mental healing. The freeing of consciousness was particularly evident in the Dusseldorf group. Using crystals and our "imagination," we made several trips to the Pleiades and beyond that resulted in some amazing revelations and insights for many. This close-knit group has been doing healing work together for some time and many are now working quite effectively with their Vogel-Cut™ crystals, successfully releasing both present and past-life traumas in their journey toward wholeness and allowing the energies of Love to be more and more a reality in their daily lives. The purpose of this work, both individually and in groups,

(continued on page 10)

THOUGHTS ABOUT LOVE, HEALING AND CRYSTALS BY AN APPRENTICE FROM GERMANY

by Tara Deva

Tara Deva (Ursula Grommoller), is part of a group of people from Dusseldorf and Cologne, West Germany, which meets monthly to discuss various experiences using Vogel-Cut™ Healing crystals. These people enjoyed a seminar on crystals with Rumi Da on his last trip through Europe.

The nature of the quartz crystal is 6-sided, which means that the polarity energies are in harmony. Therefore, this form manifests an energy level where there is no polarity appearing, the level of "Mahat" or "Buddhi," the level of cosmic intelligence, Divine Will and Divine Love. On this level, Will has its source in Love and Love includes the Will to radiate, to give, to grow; it is both unity and polarity.

If a healer is able to open her (his) heart and connect herself with the level of Love and Will, she can be a channel for healing energy, this mystery and sacred bridge to Light and Love and Oneness.

As every being has a spark of this inside, it may be possible for the healer to resonate with it on that level and to ignite it. For me this means to activate self-healing energy. So it is always the client's own love that heals. The healer's part is just to ignite the flame and to clear the way from obstacles.

When the crystal manifests that highest level of Buddhi, it

includes also all lower ones. So the crystal structure resonates to all levels.

The crystal structure is the expression of balanced energy and that means the power of creation, an amplifying energy. So the crystal amplifies all that it comes into contact with. That means to be aware of our responsibility when working with the crystals. It means to learn about the difference between personal will and Divine Will, of personal expectations and Divine Love, to use discernment.

I ask the Angels and the Masters to support me in my process and to help me in bringing these wonderful philosophical thoughts down to the ground to be manifested in my daily life.



Tara Deva with Ron Carson at one of his seminars in Germany.

DONATIONS! THANK YOU!

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P.R.I. wishes to acknowledge and thank the following people for their generous donations to our laboratory. We also wish to thank the many people who chose to remain anonymous. We have included only the names of those who made their donation before our Newsletter deadline.

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Deborah Hunter
Donna Roberts

Filiz & Bankim Shah
Penelope Starr
Phyllis & Eric Valerie
Twylah Turek

(Egypt|continued from page 4)

The food in Egypt requires some adjustment of the taste buds. It is not spicy like say, Mexican food, but rather a sweet-ish taste. A lot of lamb is eaten and chicken, too. It is not advisable to drink the water or eat fresh vegetables or fruits.

The people are quiet and pleasant, however, when one approaches the large monuments one is harassed by people selling all different kinds of tourist objects.

I look forward to sharing more with you, my readers, when I return next month.

(The quartz crystal pyramids, such as the ones taken on the Egyptian tour, are now available for sale through our laboratory. Your cost is \$25 each, plus tax and postage. Call or write P.R.I. for more information).

(EXPERIMENT|continued from page 4)

send them light and love. If you feel great love there already, breathe in that energy from where you are now and link into it. This is similar to the act of

"blessing" or becoming one with your food. Now you and the food (or in this case, the place), are attuned to each other and in harmony.

Next, ask of your Higher Self what you are to do to achieve the maximum benefit from this trip. Ask what you can take along to assist you in this quest. And, perhaps most importantly, ask what you are to learn from the experiences you will have. This may make the lessons easier to understand when they are happening and to accept once they have been completed.

Once at your destination, tune in to the trees, the rocks, and the general feeling of the area. Project more love into the area. Does your feeling for the area change? Have you created a new and different experience for yourself in this place?

Applying the spiritual approach to all aspects of your life will heighten your awareness and increase the pleasure and significance of all of your experiences.

.....we must learn to grow." A quote by ROBERT JANOVER.

MINI CRYSTAL PRICE CHART

We have had many inquiries about our mini-crystals and noticed an error in the 9- or 13-sided California residents total cost column. We have corrected the amount and it is re-printed here. We apologize for any inconvenience this may have caused you.

CRYSTAL	COST U.S.\$	SHPG. U.S.	SHPG. FOREIGN	CALIF.	OTHER	
				RESI- DENTS TOTAL	U.S. RESI- DENTS TOTAL	FOREIGN TOTAL
6 OR 8-SIDED	350.00	10.00	25.00	385.38	360.00	375.00
9 OR 13-SIDED	450.00	10.00	25.00	492.68	460.00	475.00

(Rumi Da continued from page 7)

is to more and more allow the evocation of Love.

An interesting experience was encountered in the second seminar in Munich. One group member, Herbert Hoffman, a therapist, had broken a bone in his foot during a basketball game (a fellow player weighing over 200 lbs. landed squarely on Herbert's foot). X-rays showed a definite fracture and a cast was applied. On the evening of the injury (Wednesday), Herbert was at home in bed in great pain and remembered a discussion we'd had about self-healing with crystals. Being open to such things, he thought he'd give it a try and placed a pattern of small natural single terminated crystals around his foot, points directed away from the foot. Herbert cleared and then programmed each crystal with Love and the intent to eliminate the pain and heal his injury. He also rested one crystal on the cast over his foot and then slept for an hour. Upon awakening his pain was gone. THE NEXT DAY, he returned to his doctor and insisted that the cast be removed. Reluctantly the doctor removed the cast and x-rayed the foot once more. THERE

WAS NO SIGN OF THE FRACTURE! The doctor could not explain this rapid healing but Herbert was sure it was the result of using the crystals. On Friday he came to the introductory evening of a weekend seminar, walking with a cane, and told us of his experience. Over the weekend he was dancing and jumping around with us showing no sign or symptom of his injury.

The first two trips through Germany brought us many wonderful friends, experiences and teachings. This spring I start a third tour through Germany beginning in Bremen in March and ending in a week-long intensive in the Bavarian countryside. I am excitedly looking forward to seeing the many changes that have happened since last November.

Each of us is like a flower of consciousness and it is truly a privilege and a blessing to witness the opening of so many wonderful flowers, the blossoming of so much Beauty, Love and Light throughout the garden of the world.

Our thanks and love to Marcel for being a catalyst and inspiration in this work and play.

MARCEL VOGEL'S 1990 SEMINAR SCHEDULE

MAR. 30, 31, APR. 1 LOS ANGELES AREA

Week-end Workshop with Marcel and Harley Swiftdeer. Call 818-285-9062.

APRIL 3 - 4 LOUISVILLE, KY. Intercontinental Metaphysical Conference. Call 502-423-1188.

APRIL 5 - 6 LOUISVILLE, KY. The Advanced Subtle Energy Research Symposium. Call 502-423-1188.

APRIL 27-29 SAN FRANCISCO Whole Life Expo. Lecture and 2 hour workshop. Call 415-333-4373.

JUNE 30-JULY 1 SANTA CRUZ, CA. West Coast Dowser's Conference. Contact Nicolas Fink, 776-A 14th. St., San Francisco, CA. 94114

RON CARSON (RUMI DA)

Crystal Energy Workshops.

MARCH-JUNE GERMANY

Cities: Bremen, Berlin, Hamburg, Kassel, Krefeld, Dusseldorf, Hannover, Munchen, Heidelberg & Ammersee. Contact Wolfgang Erdorf in Germany write: Severinswall 35 5000 Koln 1. Phone: 0221/32 68 14.

JUDY MINGO WORKSHOPS

Therapeutic Use of the Healing Crystal. Judy is a former member of the P.R.I. staff.

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WE WOULD LIKE TO EXPRESS OUR THANKS TO THE FOLLOWING PEOPLE WHO HAVE DONATED THEIR TIME AND LOVE TO P.R.I. TO HELP US IN OUR RESEARCH:

Barbara Ann Brennen, George Dong, Joyce Falk, Bob Fritchie, Murray Horton, Joelle Iam, Linda Laing, Mary Lamson, Chris Nummer, George Nummer, Carol Thomas-Klausner and Mary Ying.

CRYSTAL THERAPY INSTRUCTORS: The following people can provide interesting and informative lectures on crystal healing. They have been trained by Dr. Vogel and speak knowledgeably in relation to their particular specialties. All of these instructors will travel.

ROZANNE BAZINET Ph.D. MFCC, Sacramento, Ca. 916-489-2256/RON CARSON (RUMI DA), Orlando, Fla. 407-699-1672/MARY GOODNER, Dallas, TX. 214-991-4168/WARREN KLAUSNER, Claremont, Calif. 714-621-7105/LINDA LAING, Indianapolis, Ind. 317-846-4632/JUDY MINGO, Minneapolis, MN. 612-377-5657/JENNET GROVER, P.R.I. staff./DALE OLSON, Eugene, Or. 503-683-8418/MELISSA REYNOLDS, Tenino, Wa. 206-264-5449/MELINDA SCHULTZ, Carbondale, Co. 303-963-3670/CAROL THOMAS-KLAUSNER, Phoenix, Az. 602-285-1628.

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